

“The Cry of a Thirsty Soul”

Text - Psalm 42:1-11

I. The Cry of a Thirsty Soul (42:1-4)

A. David’s longing (42:1-2)

1. My soul “*panteth*...after thee, O God” (42:1)
2. “My soul *thirsteth* for God, for the living God” (42:2a)

B. What had provoked David’s thirst and longing for God? (42:3)

1. He had gone through a season of sorrow. (42:3a)
2. His enemies suggested God had forsaken Him. (42:3b)

C. David remembered happier times (42:4)

II. Discouragement and Disappointment - My soul is “cast down” (42:5-7)

A. David’s thoughts turned from the “good old days” to his present reality.

1. He proposed two questions for his own introspection and deliberation.
2. He exhorted his heart to shake off his dark thoughts and feelings of self - pity. (42:5c)

B. Like the waves of a storm, David’s despair rushed over his heart and soul. (42:6)

1. He recalled the temporal nature of trials and troubles (42:6a)
2. He reflected on better times (42:6b)
3. He remembered how the melting snows from Mt. Hermon fed the Jordan River in the springtime. (42:6b-7)

III. Hope (Psalm 42:8-11)

A. God never abandons His servants. (42:8-9)

B. David committed to trust the Lord (42:10-11)

1. He faced the malice and heckling of his enemies. (42:10)
2. He determined to not lose hope. (42:11)